**Books to Help Guide You Through Exploring and Practicing BDSM and Kink**

**The Ultimate Guide to Kink: BDSM, Role Play, and the Erotic Edge**

**Tristan Taromino**

Tristan Taromino gathers expert advice from renown kink/BDSM educators. This book is a very practical guide to exploring various kinds of kink and BDSM safely and for setting up a good foundation of communication to help you and your play partner(s) achieve the kind of fantasies you have been dreaming of.

[https://bookshop.org/books/ultimate-guide-to-kink-bdsm-role-play-and-the-erotic-edge/9781573447799](https://www.google.com/url?q=https%3A%2F%2Fbookshop.org%2Fbooks%2Fultimate-guide-to-kink-bdsm-role-play-and-the-erotic-edge%2F9781573447799&sa=D&sntz=1&usg=AFQjCNHspfk92rnT4b-yqLUroBuiME4WoA)

**The New Topping Book**

**Dossie Easton and Janet W. Hardy**

This book is a must read for anyone practicing or considering practicing topping, or being dominant, in relationships. It covers a wide variety of ways one can be dominant, safe, ethical, and good with communication and boundaries before, during and after a scene. It is generally recommended that you also read the related "The New Bottoming Book" below to understand a submissive's perspective.

[https://bookshop.org/books/the-new-topping-book/9781890159368](https://www.google.com/url?q=https%3A%2F%2Fbookshop.org%2Fbooks%2Fthe-new-topping-book%2F9781890159368&sa=D&sntz=1&usg=AFQjCNFLGqefFNpLp3tOba2hPFTHvdkQXw)

**The New Bottoming Book**

**Janet W. Hardy and Dossie Easton**

This book is a must read for anyone practicing bottoming, or being submissive in relationships. It covers a wide variety of ways one can be submissive and still effectively communicate their boundaries, wants and needs before, during and after a scene.

[https://bookshop.org/books/the-new-bottoming-book/9781890159351](https://www.google.com/url?q=https%3A%2F%2Fbookshop.org%2Fbooks%2Fthe-new-bottoming-book%2F9781890159351&sa=D&sntz=1&usg=AFQjCNFHbWYzOM21ZTEKkv845CW6Z9EH0A)

**Tongue Tied: Untangling Communication in Sex, Kink, and Relationships**

**Stella Harris**

This is great book to help with communication in any relationship, but especially if you want a guide for how to approach difficult topics in sex and kink with your partner(s).

https://bookshop.org/books/tongue-tied-untangling-communication-in-sex-kink-and-relationships/9781627782661