**Helplines and Service Directories**

**Partner Violence 24/7 Hotline (The Network La Red)**

This organization supports survivors who experience violence in LGBTQIA+ relationships, S/M relationships and/or polyamorous relationships.

617-742-4911 (voice) • 800-832-1901 (Toll-Free)

[https://www.tnlr.org/en/24-hour-hotline/](https://www.google.com/url?q=https%3A%2F%2Fwww.tnlr.org%2Fen%2F24-hour-hotline%2F&sa=D&sntz=1&usg=AFQjCNE0ttWrdJBntEj9-ywGp65wJlITtA)

**LGBTQ or HIV-related hate violence helpline**

Have you experienced physical, sexual, or emotional violence due to being LGBTQIA+? The Anti-Violence Project can help.

USA Anti-Violence Project Hotline: 212-714-1141 (English/Spanish) [https://avp.org/](https://www.google.com/url?q=https%3A%2F%2Favp.org%2F&sa=D&sntz=1&usg=AFQjCNEMR_4ttme6_rRyb62Il3xHAGcdRA)

Canada Anti-Violence Project Support line: 250-472-4388, [https://www.antiviolenceproject.org/](https://www.google.com/url?q=https%3A%2F%2Fwww.antiviolenceproject.org%2F&sa=D&sntz=1&usg=AFQjCNE4uXvpbhQ_IIm6PIvrL5PAcRYMAg)

**Trevor Project**

Hotline, text, and chat services for For LGBTQ+ youth. Also a good resource center for LGBTQ+ youth, families, and allies.

24/7 phone hotline: 1-866-488-7386

24/7 text hotline: text START to 678-678

24/7 online chat: [https://www.thetrevorproject.org/get-help-now/](https://www.google.com/url?q=https%3A%2F%2Fwww.thetrevorproject.org%2Fget-help-now%2F&sa=D&sntz=1&usg=AFQjCNH_jeGgiiVhSj4FQ7wejeYRnPD7Qg)

**Crisis Text Line**

Connects texters with trained volunteer Crisis Counselors to help resolve times of crisis. This service tries to match texters with Crisis Counselors who have shared lived experience.

Text ‘LGBTQ’ to 741 741

[www.crisistextline.org](http://www.google.com/url?q=http%3A%2F%2Fwww.crisistextline.org%2F&sa=D&sntz=1&usg=AFQjCNGNtOgJqMnSicp84dySyAjT_6RVRQ)

**Asylum Connect**

This is an excellent resource in which you can search for verified LGBTQ and immigrant friendly services in your area, whether you are in the USA, Canada, or Mexico. Services include mental health services, legal services, medical services, housing, translation, transportation, food banks, and even sports and entertainment.

[https://catalog.asylumconnect.org/](https://www.google.com/url?q=https%3A%2F%2Fcatalog.asylumconnect.org%2F&sa=D&sntz=1&usg=AFQjCNHDvO7jY7TszXRySBsiIW36UfzbXQ)

**Books about Sexuality**

**Queer: A Graphic History**

**Meg-John Barker and Julie Scheele**

Queer theory questions norms in our society around gender and sexuality and is useful for shifting our perspective of those. Academically, queer theory can be quite verbose and hard to understand, but this graphic history gives you the reader's digest version of the work of so many prominent queer theorists and it is super easy and fun to read too.

[https://bookshop.org/books/queer-a-graphic-history/9781785780714](https://www.google.com/url?q=https%3A%2F%2Fbookshop.org%2Fbooks%2Fqueer-a-graphic-history%2F9781785780714&sa=D&sntz=1&usg=AFQjCNHxz72effFSB5asxAkSCY-oBj8c5Q)

**Queering Anarchism: Addressing and Undressing Power and Desire**

**Edited by C.B Daring, J. Rogue, Deric Shannon, and Abbey Volcano**

A collection of powerful essays about the intersection of queer and anarchy. This book will help you think differently and positively about the politics of queer identity.

[https://bookshop.org/books/queering-anarchism-addressing-and-undressing-power-and-desire/9781849351201](https://www.google.com/url?q=https%3A%2F%2Fbookshop.org%2Fbooks%2Fqueering-anarchism-addressing-and-undressing-power-and-desire%2F9781849351201&sa=D&sntz=1&usg=AFQjCNFpSb6Gzl0ZEV-WsTIGDGwxPbEspw)

**Bi:Notes for a Bisexual Revolution**

**Shiri Eisner**

If you have ever felt rejected or erased for being bisexual, both in straight and gay spaces, this book is for you. Written by a feminist bisexual and genderqueer activist, Shiri Eisner will help you understand and embrace your own bisexuality through a feminist, queer, and political lens. This book is also very useful to help you understand people in your life who are bisexual.

[https://bookshop.org/books/bi-notes-for-a-bisexual-revolution/9781580054744](https://www.google.com/url?q=https%3A%2F%2Fbookshop.org%2Fbooks%2Fbi-notes-for-a-bisexual-revolution%2F9781580054744&sa=D&sntz=1&usg=AFQjCNGbO55AJDBQcfIUHcR0G1l7OmkkxA)

**Web Resources**

**Sex Positive Education for Teens**

Scarlet Teen is the go-to resource for teenagers to get accurate information about sex, relationships, and sexual health without the shame and misinformation a lot of other sex education has. This is a helpful resource for parents to look up topics they might want guidance in how to talk about to their teenage children. Also it isn't just for teens; most people can benefit from the clear, concise, and scientifically grounded information this site has to offer.

[https://www.scarleteen.com/](https://www.google.com/url?q=https%3A%2F%2Fwww.scarleteen.com%2F&sa=D&sntz=1&usg=AFQjCNFz8wVXVXkw9X8OfNj8wkQ4sVkeaA)

**National Resource Center on LGBT Aging**

This is a comprehensive resource center for elder LGBT+ individuals.

[https://www.lgbtagingcenter.org/](https://www.google.com/url?q=https%3A%2F%2Fwww.lgbtagingcenter.org%2F&sa=D&sntz=1&usg=AFQjCNEVznE4ilIpnGB_fNcU41nofxAmyA)

**Podcasts**

**Lovecast by Dan Savage**

This podcast is great for anyone wanting to improve their relationships and sex life or is looking for an entertaining way to pass time driving or doing household chores. Dan Savage has insightful, witty and funny responses to caller's questions looking for advice, hosts thoughtful interviews with guest doctors and educators, and has left leaning commentary about recent news in politics and sex at the beginning of each show. You can also find his books and events on his website.

[https://www.savagelovecast.com/](https://www.google.com/url?q=https%3A%2F%2Fwww.savagelovecast.com%2F&sa=D&sntz=1&usg=AFQjCNEelE7YFXmNEfIP5Wy6zvZy784eDw)